

Massage Therapist Progression levels

Name _____

Date started _____

How to use;

To be monitored by MT and date achieved to be signed by Clinic Lead
(CBO/MMT/MDC/PM/MCA)

Promotion authoriser CBO/PM/MMT

Junior MR requirements (Level 1 paid 38%)	Date Achieved
Signed Service Agreement	
Appropriate registration	
Observe and perfect NP/ ROF/ ROP and reassessment	
Carries out 1 st Massage call	
Working closely with DC in clinical sessions	
Basics in myofascial meridians - SBLine, Lat Line, DFLine	
First aid certificate	
Story book – collected 5 patient stories	
Attended 3 spinal screens	
Attend health class	
Learning log/ buddy with intermediate	
Visit times – 30 minute sessions, keeping on time	
Competent SOAP notes and referral notes	
Upholding Core Values, Intention Statement, Purpose, Mission, Vision	
Attends all coaching including New Patient Avalanche	
10 massages a week maintained for 4 consecutive weeks (1=30 min)	
We will help you get from here to wherever you would like to be Reading list: <i>Fred Factor, feel the fear and do it anyway.</i>	
Notes	
Date achieved	Promotion authorised Y/N
Name of auth	Auth signature

Intermediate MT requirements (Level 2 paid 42%)		Date Achieved
Successfully complete trial period		
12 massages a week maintained for 4 consecutive weeks (1=30 min)		
Has successfully transitioned 5 patients to massage membership		
You will be excellent at triangling		
Observe the DC perform 10 NP, 10 ROFS, and 100 adjustments		
Active in spinal screen and gaining new contacts for spinal screens		
Help junior MT with learning log		
Collected 10 patient stories		
Mastering recipes		
Mastering SOAP notes		
Attend spinal screens/ identify locations for screens		
Reading list: <i>Raving Fans, Fish, 5 Love Languages,</i>		
Notes		
Date achieved	Promotion authorised Y/N	
Name of auth	Auth signature	

Senior MT Requirements (Level 3 paid 45%)		Date Achieved
14 massages a week maintained for 4 consecutive weeks (1=30 min)		
Has successfully transitioned 30 patients to massage membership		
Involved in leading coaching massage sessions and presenting to whole team		
Identifying locations for spinal screens and leading massage team roles for screening		
Contributing to strategy days		
Teaching learning logs to junior and intermediate		
Cover and manage holidays		
Organising inhouse promotional events		
Growing own and helping other MT's grow story book		
Attend 'Inner Circle' Mastermind		
Cover manager holidays and be familiar with requirements for this		
Work on scheduling Junior and Intermediate MT's		
Reading list: <i>One minute manager, Gung ho!, How to win friends and influence people</i>		
Notes		
Date achieved	Promotion authorised Y/N	
Name of auth	Auth signature	

Managing MT Requirements (Level 4 paid 50%)		Date Achieved
Timetable RBB, massage and manage, work life balance		
17 massages a week maintained for 4 consecutive weeks (1=30 min)		
Has successfully transitioned 50 patients to massage membership		
Organise spinal screens, set up and lead MT team		
Recruiting - following SCC protocol		
Training		
Discipline with love, read one minute manager		
Knowing when to press recruit		
Massage technique masterclass		
In charge of organising holiday and cover for MTs		
Organise internal and external promotions with clinical year planner		
Biweekly meetings with CBO/ MCA/ MDC		
Oversee recipes		
Observation of MT team, give feedback		
Appraisals - 6 monthly with MTs		
Checking, reporting and giving feedback on MT KPI		
Being involved with cultural bonuses		
Reading list: <i>One minute manager meets the monkey, 7 habits of highly effective people, Who moved my cheese, The magic of big thinking</i>		
Notes		
Date achieved	Promotion authorised Y/N	
Name of auth	Auth signature	